

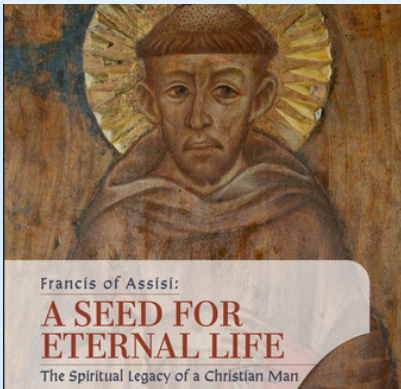
THE HERALD

MINI NEWSLETTER OF THE SISTERS OF ST. FRANCIS
OF THE HOLY EUCHARIST

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WHAT WE'RE THINKING

And just like that, Lent is upon us. As we make our last minute preparations for this season, its good to have a template to follow to make the season fruitful. One idea: Keep it simple. The more complex our resolutions, the more likely it is that they are born out a type of spiritual pride and the less likely it is that we keep them. Lent really is not a time to prove how spiritually mature we are - Its a time to reaffirm our status as lambs in God's little flock.



WHAT WE'RE READING

We are currently celebrating the Jubilee Year of St. Francis - This is the 800th anniversary of his Transitus from Earthly to Heavenly life. During Lent the community will be reading and studying "Francis of Assisi : A Seed for Eternal Life."

HAPPENINGS

February 18 | Ash Wednesday
February 19 | Holy Hour for Priests 7pm
February 20 | Stations of the Cross 7pm
February 22-26 | Sr. Colette at Pittsburg
State University, Kansas
February 27 | Stations of the Cross 7pm



Looking for some Franciscan Inspiration for your Lent? The Franciscans are responsible for introducing the Stations of the Cross to the Church. St. Francis also had a special devotion to the Eucharist. Join us on Sundays from 1-4pm for Eucharistic Exposition for Adoration!

"So submit yourselves to God. Resist the devil, and he will flee from you."

James 4:7

Pray for us as we pray for you!

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